

Pūwhakawai

NGĀ PŪNAHA HĪKOIKOI



Nau mai ki te maimoatanga whakawai ā-kāinga

Kua tūtohua te Pūnaha Whakawai o Baxter mō tō maimoatanga whakawai ā-kāinga, ā, e hoahoatia ana ki te tuku pūroi hei te roanga o tētahi wā motuhake. Mā tēnei Aratohu Tūroro koe e āwhina ki te whakamahi haumaruru i tō Pūnaha Whakawai.

Ko te tikanga o tēnei mōhiotio he whakarato ki ngā tūroro me ā rātou kaitiaki i ētahi mōhiotio o te āhua o te whakawai tika i te wā e whakamahi ana i ngā hua a Baxter Elastomeric.

Ko tēnei mōhiotio hei aratohu ahuhānui anake. Tēnā pātai ki tō kaiwhakarato hauora mēnā he pātai āu e pā ana ki ēnei mōhiotio.

Kāore pea ngā pūrere kua whakaahuaia i te whakaaturanga pū o tō pūrere. Kāore pea ētahi o ngā hua i roto i te wātea i tō whenua i tēnei wā. Whakapā atu ki tō kaiwhakarato hauora me ētahi atu pātai hua, āwangawanga rānei.

Ngā Ihirangi

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Te āta mōhio ki tō Pūnaha Whakawai

He pēhea te whakaora a te Pūnaha Whakawai?

- Kua kī te **Pūnaha** Whakawai i ngā rongoā i tūtohutia e tō kaiwhakarato rongoā
- Ka tīmata te pūrere ki te tuku wawe i te rongoā ina honoa ki tō ngongo/tauranga, ā, ka haere tonu kia wātea katoa, kia momotuhia rānei
- I te wā e hekeheke ōrite ana te “poihaui” elastomeric, ka āta pana i ngā rongoā mā te ngongo IV ki roto i tō ngongo/tauranga



Pūwhakawai SV Hoto-takitahi Rere-Pōturi



Pūwhakawai LV Hoto-takitahi Rere-Pōturi



Small Volume Intermate



Large Volume Intermate

- 1 Ka tiaki te Taupoki Tauranga Whakakāī, Tiaki Patuero i te Pūnaha Whakawai
- 2 Ko tā ngā ngongo he kawē i te rongoā mai i te pūrere ki tō ngongo/tauranga
- 3 Ko tā te Kukuti Rerenga he whakahaere i te hoto whakawai o te rongoā
- 4 Ko tā te Titi Luer Tawhiti he whakahono i te Pūnaha Whakawai ki tō ngongo
- 5 Ko tā te Whakakopa Huaki/Kati he aukati i te rere o te rongoā ina nekehia ki te tūranga kati; ka tuku i te rongoā kia rere ina nekehia ki te tūranga huaki. E kore pea tēnei e kitea i ētahi pūrere whakawai

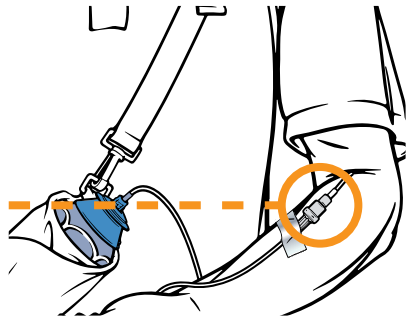
- 6 Ko tā te Taupoki Luer ā-Paihau he tiaki i te puaretanga me te aukati i te rere o te rongoā kia unuhia rawa. Kāore te Taupoki Luer ā-Paihau e kitea ana i te wā e hono ana te pūrere ki tō ngongo
- 7 Kei te mau i te Takawai Tatau ngā rongoā, ā, ka pana ki roto i te tāpu
- 8 Ko tā ngā Rārangi Ahunga Whakawai he whakaatu i te ahunga o te whakawai (he huapae, he poutū pea ngā rārangi i runga i te uhi kirihou)
- 9 Rauangi rerenga (hoahā) whakahaere i te hoto whakawai o tētahi hoahā (Maitai Waikura-kore)

Te whakamahi i tō Pūnaha Whakawai

Ngā Āhuatanga ka Pāpā ki te Whakamahinga

Ka pā pea ngā huringa o te pāmahana me te teitei ki te hoto rerenga me te wā tuku.

- Ko te tikanga kia puritia te pūrere me te ngongo i te pāmahana ā-rūma puta noa i tō whakawaitanga.
- Mēnā he Kukuti Rerenga, he Waehanga Whakahaere Rerenga hoki/rānei kei tō pūrere, me tika te whakapiri hāngai tonu ki tō kiri kia tika tonu te hoto rerenga pūrere me te tuku kia whakawaia te rongoā i te pāmahana ā-rūma i te wā e noho ana te pūrere i te pāmahana ā-rūma.
- Whakanōhia te wāhanga o runga o te pūrere i te teitei ōrite ki te Maukati Luer Moka Kawititanga (tirohia te hoahoa).



Ko te nōhanga o te Pūrere/Kukuti Rerenga mō te XLV8, Pūwhakawai Hoto-Takitahi Rerenga-Pōturi me te Pūwhakawai Hoto-Takitahi Rerenga-Wawe.

Kia tūpato: Kia mōhio mai, ka puta pea he whakarahinga, he whakaitinga rānei o te hoto rere kua tūtohua, i ētahi o ngā āhuatanga o runga, i tētahi tōpūtanga rānei o ngā āhuatanga o runga ake.

E whakaatu ana ngā whakaahua i runga i te i te nōhanga o te Kukuti Rerenga me te pūrere.

Te aroturuki i te ahunga whakawai

Ka pōturi te mahi a te Pūnaha Whakawai, nō reira ka āhua kitea te āta memengetanga o te poi hau i ētahi hāora, rangi rānei, i runga i te āhua o tō maimoatanga. Ka pāngia pea te hoto whakawai e te pāmahana huri noa i te pūrere me te teitei o te pūrere i te āhua o tō ngongo i te wā e mauhia ana e koe, i te wā moe rānei.

Hei aroturuki i te ahunga whakawai:

- Tirohia mēnā kāore i korapatia, i whīwhiwhi rānei te ngongo IV
- Whakamahia ngā Rārangi Ahunga ki te aroturuki i te ahunga o te whakawaitanga
- Ka oti te whakawaitanga i te wā ka whakahekea katoatia te poi hau.

Te ine pānga i waenga i te hoto rerenga me te matapaetanga wā tuku

Ko ngā pūrere e rere wawe ana i te hoto i matapaetia, ka poto ake te wā tuku

- Ka tere ake te rere o ngā rongoā mahana
- Mēnā he teitei rawa te pūrere mai i te āputa o te ngongo, ka tere ake te rere o ngā rongoā

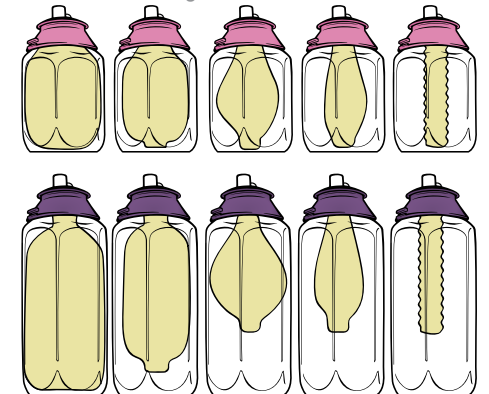
Ko ngā pūrere e rere pōturi ana i te hoto i matapaetia, ka roa ake te wā tuku

- Ka pōturi ake te rere o ngā rongoā mātao
- Mēnā he hāhaka rawa te pūrere mai i te āputa o te ngongo, ka pōturi ake te rere o ngā rongoā

Te Momotu i te Pūrere me te Ākiri

**KAUA E MOTUKIA TŌ PŪRERE
ENGARI ANŌ I RUNGA I NGĀ
TOHUTOHU HĀNGAI A TŌ
KAIWHAKARATO HAUORA**

Mēnā kua tohutohuhia koe e tō kaiwhakarato hauora kia motuhia tō pūrere, me whai i ngā tohutohu a tō kaiwhakarato hauora mō te ākiri. Kei roto pea i ngā tohutohu ākiri ko te whakahoki i te pūrere ki te kaiwhakarato pūrere, te ākiri rānei i runga anō i ā rātou tohutohu.



Tērā pea he huapae, he poutū rānei ngā Rārangi Ahunga, kei te āhua o tō pūrere.

Te puritanga o tō Pūnaha Whakawai

Ko ētahi rongoa ka tukuna e te Pūnaha Whakawai he tairongo ā-pāmahana, ā, me puri ki tō pouaka mātao kia tae ki te wā whakamahi, ā, ko ētahi atu rongoa ka taea te puri ki te pāmahana ā-rūma. Pātai ki tō kaiwhakarato hauora mō ētahi tohutohu motuhake mō tō rongoa.

I tohuhuhia pea koe e tō kaiwhakarato hauora ki te pupuri i tō Pūnaha Whakawai Purena ki te pouaka mātao. Ki te pērā, me tuku kia eke rawa tō pūrere ki te pāmahana ā-rūma i mua o te tīmata i te whakawaitanga. Tukua te pūrere kia eke māori noa ki te pāmahana ā-rūma. Kaua e tāpiritia tētahi puna whakawera ki te hiki i te pūrere ki te pāmahana ā-rūma.

Te puri i te pāmahana ā-rūma

I te wā e puritia ana te Pūnaha Whakawai i te pāmahana ā-rūma, i muri rānei i te tango mai i te pouaka mātao, whiria he wāhi:

- Mātao, mā, maroke hoki
- tawhiti mai i te whitinga o te rā me ngā mātāpuna whakawera, pēnei i te umu, i te hīta rānei
- tawhiti atu i ngā tamariki me ngā mōkaikai



Ngā pātai auau



Ka taea e au te kori tinana me taku Pūnaha Whakawai?

Whāia nga tohutohu a tō kaiwhakarato hauora mō te kori tinana haumaruru. Mēnā ka tukuna koe e tō kaiwhakarato hauora ki te kori, ka taea e koe te kori me tō pūrere, engari me tata te noho ki te pāmahana ā-rūma, ā, kaua e tūpono ki te wai. Ki te makere te tēpa e whakapiri ana i te Kukuti Rerenga ki tō kiri, me whakamau anō i te tēpa.



Me pēhea te kawē tika, te mau tika rānei i te Pūnaha Whakawai?

Purua te pūrere ki te uhi, pūkoro rānei i whakaratoa e tō kaiwhakarato hauora. He mea nui kia puritia te pūrere i te teitei e tika ana. Whakanōhia te wāhanga o runga o te pūrere i te teitei ōrite ki te Maukatī Luer Moka Kawititanga. I te wā e mau ana koe i te Whakawai Baxter, purua te Whakawai Baxter ki te uhi, te pūkoro tikihope rānei ("bum bag") i whakaratoa e tō hōhipera. He mea nui kia tata tonu te noho o te Whakawai Baxter ki te teitei ōrite ki tō hononga IV.



Ka taea e taku mōkai te noho tata ki taku Pūnaha Whakawai?

He haumaruru te whakamahi i te pūrere i te taha o ngā mōkai, engari me āta tiaki mai kei ngaua, kei tākarohia Kaua e tuku i tō mōkai kia takoto i runga i tō pūrere.



Ka taea e au te hāereere me taku Pūnaha Whakawai?

He haumaruru te haere mā te rererangi me tētahi pūrere elastometric. Ko te whakahau ake, me kōrero koe i tō mahere hāereere ki tō kaiwhakarato hauora



Ka taea e au te tāuwhiuwhi me taku Pūnaha Whakawai?

Me whai i ngā tohutohu a tō kaiwhakarato Hauora mēnā e pai ana mōu ki te tāuwhiuwhi. Kaua e tohutohia te pūrere ki raro i te wai, e whakaraeraetia rānei ki te rerenga wai tōtika. Me karo i te nohonga roa i tētahi taiao tino mahana nei.



Me puri au i taku Pūnaha Whakawai ki hea i ahau e moe ana?

Mēnā e moe ana koe me tō Pūnaha Whakawai, me waiho ki te teitei e tika ana. Me whakanoho i te pūrere ki te tēpu taha moenga, i runga rānei i ngā papangarua. Kaua e waiho i te pūrere i raro i ngā papangarua, pera rānei, kei mahana rawa.



Me aha ahau mēnā he rarurarū tō taku Pūnaha Whakawai?

Whakapā atu ki tō kaiwhakarato hauora.



Ka taea te whakamahi i te pūnaha i roto i tētahi Pūrere MRI, i tētahi pūrere Hyperbaric rānei?

Kāore he konganuku o te pūnaha nō reira ka taea te kuhu ki roto i te pūrere MRI. **KĀORE I HAUMARU** te hoahā mō te MRI nā te maukati rerenga maitai.

Ētahi atu panonitanga; Ka taea hoki te whakamahi i te pūnaha whakawai me te hoahā i roto i te pūrere hyperbaric. Mēnā e rite ana te whakaraeraetanga o te tūroro ki ngā panonitanga pēhanga o te pūnaha whakawai me te pūrere hoahā, kāore he raru ki te whakawaitanga.

Ngā here hei whakaarotanga

- Puritia tō pūrere i te teitei tika puta noa i tō whakawaitanga
- Me kawea te pūrere ki te pāmahana ā-rūma i mua i te tīmatanga o te whakawaitanga, ka mau hoki i te pāmahana ā-rūma puta noa i te wā whakawai
- Ko ngā pāmahana tiketike i pā mai i te tatanga ki ngā pākaiahi, ngā hīta, ngā mōkai, ērā atu mea, ka pā pea ki te wā whakawai
- Me tika te whakapiri i te Kukuti Rerenga hāngai tonu ki tō kiri kia noho ai i te pāmahana ā-tinana
- Kaua e motukia te pūrere engari anō i runga i ngā tohutohu hāngai a tō kaiwhakarato hauora
- Waea atu ki tō kaiwhakarato rongoa ina raruraru te pūrere
- Me tiaki te pūrere mai i te whitinga hāngai o te rā i ngā wā katoa
- He tōtahi anake te whakamahinga o te Pūnaha Whakawai. Kaua e whakamahia anō

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